ALLERGENS	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Butter				Х						
Diner Q Sauce	Х				Х					
5-Pepper Sauce										
Heinz 57					Х				Х	
Hollandaise	Х			Х	Х		СО	Х	Х	
Hot Pepper Sauce: Green										
Hot Pepper Sauce: Red										
Pepper Jack Queso				Х						
Salsa										
Sea Salt Caramel				Х						
Spread, Garlic and Herb				Х	Х					
Spread, Sweet Grilling					Х					
Tartar Sauce	Х				Х					
Tomato Sauce				Х	Х			Х	Х	
Worcestershire Sauce		А			Х					
Sausage: Crumbles					Х					٥
Sausage Links					Х					٥
Seasonings:										
Denny's Signature										
Sea Salt & Pepper					Х					
Smoothies, Fruit Flavors				Х						
Soups: Chicken Noodle	Х			Х	Х		CO	Х	Х	
Vegetable Beef				Х	Х			Х	Х	
Sour Cream				Х						
Steak: Country-Fried	Х	٥		٥	Х			Х	Х	
Sirloin					Х					٥
T-Bone					Х					٥
Sugar Substitutes:										
Equal / Splenda / Sweet & Low										
Syrup: Cane Sugar										
Chocolate										
Pancake Syrup										
Pancake Syrup, Sugar-Free										
Vanilla Flavor Shot										

## ALLERGENS Egg Fish Shellfish Milk/Dairy Soybeans Peanuts Tree Nuts Wheat Gluten Sesame

Toppings & Mix-Ins:								
Chocolate Chips			Х	Х				
Cinnamon Crumb	0		٥	Х		٥	Х	
Confetti Sprinkles				Х				
Flaxseed Streusel			Х			Х	Х	
OREO® Cookie Pieces				Х		Х	Х	
Sugar, Powdered								
Strawberry Sauce (Crepe)								
Strawberry Topping (Cheesecake & Milk Shake)								
Sweet Cream Cheese Filling			Х	Х	СО			
Vanilla Cream			Х	Х	CO			
Whipped Cream			Х					
Turkey, Shaved Deli				Х				٥
Vegetables: Corn, Herb Glazed				Х				
Fire-Roasted Bell Peppers & Onions				Х				\$
Jalapeños, Grilled, Sliced				Х				٥
Mushrooms, Grilled				Х				٥
Onions, Caramelized				Х				٥
Pickles, Sliced								
Vegetable Medley				Х				٥
Vinegar: Red Wine								
Malt							Х	
Whole Grain Rice Blend				Х			Х	

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At Denny's, we understand that each guest may have unique concerns about their food choices. That is why we provide the most current allergen information and update this guide periodically.

## PLEASE NOTE:

- We season our grills with vegetable oil from our fryers and with bacon. Vegetable oil includes but is not limited to soybean, canola and cottonseed oils.
- Our tomato sauce contains pork and chicken.
- Our bourbon sauce contains beef.
- Our gravies are made in the traditional method which includes using meat drippings. These include our brown, country and sausage gravies.
- This allergen guide provides an overview of the FDA's top 9 allergens, plus gluten.
- The information in this guide is provided by our ingredient suppliers and pertains only to our main menu. The guide does not include limited time offers, test menus or isolated local menu offerings.
- Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.
- This guide pertains to the contiguous United States only.
- We encourage any guest with special dietary needs to speak with the manager of the restaurant they are visiting or to contact us at 1-800-733-6697.

## X - Contains this allergen

Key

 May contain this allergen or is processed in a facility or on equipment with this allergen

To designate type of fish or tree nut allergen in food item, the following code will be used in lieu of the "X":

FISH / SHELLFISH A = Anchovies F = Pollock/Whitefish SM = Salmon **TREE NUTS** A = Almonds CO = Coconut

• Designates a variety of nuts are present in food item

ALLERGENS	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Bacon Strips					Х					٥
Bacon, Turkey					Х					٥
Beef Patty					Х					٥
Dr. Praeger's® Veggie Patty					Х					٥
Beverages:										
Apple Juice (including kids)										
Coffee, Regular / Decaffeinated										
Coffee, Sweet Cream Cold Brew				Х	Х		СО			
FUZE® Raspberry Tea										
Hot Chocolate				Х						
Lemonade										
Minute Maid® Orange Juice										
Ruby Red Grapefruit										
Soft Drinks										
Tea										
Tomato Juice										
Breads: Artisan Bread					Х			Х	Х	٥
Biscuit	<u> </u>			Х	Х			Х	Х	
Brioche Bun					Х			Х	Х	Х
Corn Tortilla Chips	<u> </u>			<u> </u>	Х			<u> </u>	٥	
Crepe (no filling)	Х			Х	Х			Х	Х	٥
Dinner Rolls				Х				Х	Х	
English Muffin					Х			Х	Х	0
Gluten Free English Muffin	х			Х	х					٥
Flour Tortilla					Х			Х	Х	
French Toast (bread & batter)	х			Х	Х			Х	Х	٥
Garlic Toast				Х	Х			Х	Х	Х
Hoagie Roll					Х			Х	Х	Х
Potato Bread	<b>\$</b>			٥	Х			Х	Х	Х
Rye				<u> </u>	Х		<u> </u>	Х	Х	٥
7-Grain	<u> </u>			٥	Х		٥	Х	Х	٥
Split Top Bun (also Kids)					Х			Х	Х	٥
Sourdough					Х			Х	Х	0
White				Х	Х		٥	Х	Х	٥
Cereal: Grits (no butter blend)								٥	٥	
Oatmeal								٥	0	

ALLERGENS	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Cheese:										
Aged White Cheddar				х						
American				Х	Х					
Cream Cheese				х						
Shredded Cheddar				х						
Swiss				х						
Chicken: Breast, Fried	٥			х	Х			Х	Х	
Breast, Grilled					Х					0
Tenders	٥			٥	Х			Х	Х	
Wings, Bone-In (no sauce)	0	٥		٥	Х			٥	0	
Wings, Boneless (no sauce)	٥			0	Х			Х	Х	
Chorizo					٥					٥
Condiments: Honey										
Jams & Jellies, Fruit Flavors										
Ketchup										
Mayonnaise, Regular	Х				Х					
Mayonnaise, Sun-Dried Tomato	Х				Х					
Mustard										
Crackers, Goldfish®				Х	Х			Х	Х	
Crackers, Saltine					Х			Х	Х	
Cream Cheese Icing				Х	Х					
Creamers: Half & Half				х						
Sweet Cream (for cold brew)				х	Х		СО			
Vanilla / Hazelnut				х						
Croutons				х			٥	Х	Х	
Desserts:										
Apple Pie Crisp (no ice cream)	٥			х	٥	٥	٥	Х	Х	
Cheesecake	Х			х	Х		٥	Х	Х	
Coconut Pie				Х	Х		СО	Х	Х	
Cookies & Cream Pie				х	Х		CO	Х	Х	
French Silk Pie				х	Х			Х	Х	
Lemon Meringue Pie	Х				Х			Х	Х	
Peanut Butter Silk Pie				Х	Х	Х		Х	Х	
Lava Cookie Skillet™ (no ice cream)	Х			Х	Х			Х	Х	
Dressings:										
Balsamic Vinaigrette, Low-Fat					Х					
Blue Cheese	Х			Х	Х					
French					Х					
Honey Mustard	Х				Х					
Italian, Fat-Free					Х					
Ranch	Х			Х	Х					
Thousand Island	Х				х					

ALLERGENS	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Egg, Boiled	Х									
Egg, Whites	Х				Х					
Egg, Whole / Liquid	Х				Х					
Fish: Battered Fish Fillets (Pollock)	٥	F		х	Х			Х	Х	
Salmon		SM		Х	Х					٥
Fryer Oil					Х					
Gravies:										
Country				х	Х			Х	Х	
Country Sausage				х	Х			Х	Х	
Ham: Shaved					٥					٥
Sliced					٥					٥
lce Cream:										
Chocolate / Strawberry / Vanilla	٥			Х	٥	٥	٥	٥	٥	
Lasagna				Х				Х	Х	
Kraft® Macaroni & Cheese (kids)				Х				Х	Х	
Mac 'N Cheese	Х			Х	Х			Х	Х	
Margarine: Liquid					Х					
Whipped Butter Blend				Х	Х					
Milk: 2%				х						
Buttermilk				х						
Chocolate, Reduced Fat				Х						
Mozzarella Cheese Sticks	٥			Х	Х			Х	Х	
Nacho Meat										
Onion Rings	٥	٥		х	Х			Х	Х	
Pancake Puppies,® Hershey's Chocolate	٥			Х	Х			Х	Х	
Pancakes, Buttermilk	Х			Х	Х			Х	Х	٥
Pancakes, Hearty 9-Grain	Х			Х	Х			Х	Х	٥
Pot Roast				Х	Х			Х	Х	
Potatoes:										
Fries, Wavy-Cut	\$			٥	Х			٥	٥	
Fries, Seasoned	٥			٥	Х			Х	Х	
Hash Browns					Х					٥
Red Rustic Mashed Potatoes™				Х	Х					
Red-Skinned	٥			٥	Х			٥	٥	
Potato Stix	٥	٥	٥	٥	٥	٥	٥	٥	٥	٥
Prime Rib					Х					٥
Sauces & Spreads:										
BBQ					Х					
Savory Herb Sauce					Х					
Bourbon Sauce					Х			Х	Х	Х
Buffalo Sauce				х	Х					