| ALLERGENS | Eg | Fish | Shellish | MilkJairy | Soybeans | Peanuts | Tree Nuts | Wheat | Guten | Sesame |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Butter |  |  |  | x |  |  |  |  |  |  |
| Diner OSuce | x |  |  |  | x |  |  |  |  |  |
| 5-Ppper Sauce |  |  |  |  |  |  |  |  |  |  |
| Hein25 |  |  |  |  | x |  |  |  | x |  |
| Hollandise | x |  |  | x | x |  | co | x | x |  |
| Hot Peperer Succe: Grieen |  |  |  |  |  |  |  |  |  |  |
| Hot Pepper Sauce: Red |  |  |  |  |  |  |  |  |  |  |
| Pepper Jack uueso |  |  |  | x |  |  |  |  |  |  |
| Salsa |  |  |  |  |  |  |  |  |  |  |
| Sea Salt Caramel |  |  |  | x |  |  |  |  |  |  |
| Sprea, Garicic and Herb |  |  |  | x | x |  |  |  |  |  |
| Spread, Sweet Gilling |  |  |  |  | x |  |  |  |  |  |
| Tatar Sauce | x |  |  |  | x |  |  |  |  |  |
| Tomito Suce |  |  |  | x | x |  |  | x | x |  |
| Worcestestire Sauce |  | A |  |  | x |  |  |  |  |  |
| Sausape: Crumbles |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| Sussage link |  |  |  |  | x |  |  |  |  | 0 |
| Seasonings: |  |  |  |  |  |  |  |  |  |  |
| Denyr's Sipnature |  |  |  |  |  |  |  |  |  |  |
| Sea Salt P Pepper |  |  |  |  | x |  |  |  |  |  |
| Smothies, Fruit Flavors |  |  |  | x |  |  |  |  |  |  |
| Soups: Clicken Noodle | x |  |  | x | x |  | co | x | x |  |
| Vegetable Beef |  |  |  | x | x |  |  | x | x |  |
| Sour Cream |  |  |  | x |  |  |  |  |  |  |
| Steak: Country-ried | x | $\bigcirc$ |  | 0 | x |  |  | x | x |  |
| Sirloin |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| T-Bone |  |  |  |  | x |  |  |  |  | 0 |
| Sugar Sussititues: |  |  |  |  |  |  |  |  |  |  |
| Equal/ Splenda/ Sweet \& low |  |  |  |  |  |  |  |  |  |  |
| Syrup: Cane Sugar |  |  |  |  |  |  |  |  |  |  |
| Chocolate |  |  |  |  |  |  |  |  |  |  |
| Pancake Syrup |  |  |  |  |  |  |  |  |  |  |
| Pancake Srup. Sugar-Free |  |  |  |  |  |  |  |  |  |  |
| Varilla Flavo Shot |  |  |  |  |  |  |  |  |  |  |

Spread, Garlic and Herb
so

| ALLERGENS | E99 | Fish | Shellish | Mikk/Dairy | Soybeans | Peanuts | Tree Nuts | Wheat | Guten | Sessme |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Toppings M Mix-Ins: |  |  |  |  |  |  |  |  |  |  |
| Chocolate Chips |  |  |  | x | x |  |  |  |  |  |
| Cimamon Cumb | $\bigcirc$ |  |  | 0 | x |  |  | $\checkmark$ | x |  |
| Confetti Sprinkes |  |  |  |  | x |  |  |  |  |  |
| Faxseed Stressel |  |  |  | x |  |  |  | x | x |  |
| OREO Cookie Pieces |  |  |  |  | x |  |  | x | x |  |
| Sugar, Powdered |  |  |  |  |  |  |  |  |  |  |
| Strawberry Sauce (cree) |  |  |  |  |  |  |  |  |  |  |
| Strawberry Topping (Cheesecake \& Milk Shake) |  |  |  |  |  |  |  |  |  |  |
| Sweet Cream Cheses filling |  |  |  | x | x |  | CO |  |  |  |
| Vanilla Cream |  |  |  | x | x |  | co |  |  |  |
| Whipeed Cream |  |  |  | x |  |  |  |  |  |  |
| Turke, Shaved dei |  |  |  |  | x |  |  |  |  | 0 |
| Vegetables: Corn, Herb Glazed |  |  |  |  | x |  |  |  |  |  |
| Fire-Roasted Bell Peppers $\dot{\text { Onoions }}$ |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| Jalapeĩos, Giriled, Sliced |  |  |  |  | x |  |  |  |  | 0 |
| Mustroons, Grilled |  |  |  |  | x |  |  |  |  | 0 |
| Onions, Caramelized |  |  |  |  | X |  |  |  |  | 0 |
| Pickles, Sliced |  |  |  |  |  |  |  |  |  |  |
| Vegetatele Meller |  |  |  |  | x |  |  |  |  | 0 |
| Vinegar: Red Wine |  |  |  |  |  |  |  |  |  |  |
| Malt |  |  |  |  |  |  |  |  | x |  |
| Whole Grain Rice Blend |  |  |  |  | x |  |  |  | x |  |


 Dr. Praeger's ${ }^{\text {V Veggie Patty. }}$

At Denny's, we understand that each guest may have unique oncerns about their food choices. That is why we provide the most urrent allergen information and update this guide periodically.

## PLEASE NOTE:

We season our grills with vegetable oil from our fryers and with bacon. Vegetable oil includes but is not limited to soybean, canola and cottonseed oils.
Our tomato sauce contains pork and chicken.

- Our bourbon sauce contains beef.
- Our gravies are made in the traditional method which includes using meat drippings. These include our brown, country and sausage gravies.
This allergen guide provides an overview of the FDA's top 9 allergens, plus gluten.
The information in this guide is provided by our ingredient suppliers and pertains only to our main menu. The guide does not include limited time offers, test menus or isolated local menu offerings.
Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.
This guide pertains to the contiguous United States only
We encourage any guest with special dietary needs to speak with the manager of the restaurant they are visiting or to contact us at 1-800-733-6697


## Key

$X$ - Contains this allergen
$\diamond$ - May contain this allergen or is processed in a facility or on equipment with this allergen
To designate type of fish or tree nut allergen in food item, the following code will be used in lieu of the " $X$ ":

FISH / SHELLFISH
A = Anchovies
F = Pollock/Whitefish
SM = Salmon

- Designates a variety of nuts are present in food item

| ALLERGENS | Eg9 | Fish | Shellish | MikNDairy | Sopbeans | Peanuts | Tree Nuts | Wheat | Gluten | Sessme |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bacon Strips |  |  |  |  | X |  |  |  |  | $\bigcirc$ |
| Bacon, Turkey |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| Beef Patty |  |  |  |  | X |  |  |  |  | $\bigcirc$ |
| Dr. Praeger's ® Veggie Patty |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| Beverages: |  |  |  |  |  |  |  |  |  |  |
| Apple Juice (inculuing kiss) |  |  |  |  |  |  |  |  |  |  |
| Coffee, Regular / Deaffeinated |  |  |  |  |  |  |  |  |  |  |
| Coffee, Sweet Cream Cold Brew |  |  |  | x | x |  | co |  |  |  |
| Fuze Rasplerry Tea |  |  |  |  |  |  |  |  |  |  |
| Hot Chocolate |  |  |  | x |  |  |  |  |  |  |
| Lemonade |  |  |  |  |  |  |  |  |  |  |
| Minute Maid Orange Juice |  |  |  |  |  |  |  |  |  |  |
| Ruby Red Grapefuit |  |  |  |  |  |  |  |  |  |  |
| Soft Drinks |  |  |  |  |  |  |  |  |  |  |
| Tea |  |  |  |  |  |  |  |  |  |  |
| Tomato Juice |  |  |  |  |  |  |  |  |  |  |
| Breads: Atisan Bread |  |  |  |  | x |  |  | x | x | $\bigcirc$ |
| Biscuit | $\bigcirc$ |  |  | x | x |  |  | x | x |  |
| Brioche Bun |  |  |  |  | x |  |  | x | x | x |
| Corn Totilia Chips | $\bigcirc$ |  |  | $\bigcirc$ | x |  |  | $\checkmark$ | $\bigcirc$ |  |
| Crepe ( no filing) | X |  |  | x | x |  |  | x | x | $\bigcirc$ |
| Dinner Rolls |  |  |  | x |  |  |  | x | x |  |
| English Muffin |  |  |  |  | x |  |  | X | X | 0 |
| Gluten Free English Muffin | x |  |  | x | x |  |  |  |  | $\bigcirc$ |
| Flour Totilla |  |  |  |  | x |  |  | x | x |  |
| French Toast (bread \& batter) | x |  |  | x | x |  |  | X | X | 0 |
| Garic Toast |  |  |  | x | x |  |  | x | x | x |
| Hoagie Roll |  |  |  |  | x |  |  | x | x | X |
| Potato Bread | $\bigcirc$ |  |  | $\bigcirc$ | X |  |  | X | x | x |
| Rye |  |  |  | 0 | x |  | 0 | X | x | 0 |
| 7-6rain | $\bigcirc$ |  |  | $\bigcirc$ | x |  | $\bigcirc$ | X | x | 0 |
| Spilitop Bun (asso Xids) |  |  |  |  | x |  |  | x | x | $\bigcirc$ |
| Sourdough |  |  |  |  | x |  |  | x | x | $\bigcirc$ |
| White |  |  |  | x | x |  | 0 | X | x | $\bigcirc$ |
| Cereal: Girit (no butter bend) |  |  |  |  |  |  |  | $\bigcirc$ | 0 |  |
| Oatmeal |  |  |  |  |  |  |  | $\checkmark$ |  |  |


| ALLERGENS | Ego | Fish | Shellish | MilkDairy | Soybeans | Peanuts | Tree Nuts | Wheat | Giuten | Sessme |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chees: |  |  |  |  |  |  |  |  |  |  |
| Aged White Cheddar |  |  |  | x |  |  |  |  |  |  |
| American |  |  |  | x | x |  |  |  |  |  |
| Cream cheese |  |  |  | x |  |  |  |  |  |  |
| Stredted Cheddar |  |  |  | x |  |  |  |  |  |  |
| Swiss |  |  |  | x |  |  |  |  |  |  |
| Chicken: Breast, Fried | 0 |  |  | x | x |  |  | x | x |  |
| Breast, Gilled |  |  |  |  | x |  |  |  |  | $\bigcirc$ |
| Tenders | 0 |  |  | $\checkmark$ | x |  |  | x | x |  |
| Wings, Bone-In (no sauce) | $\bigcirc$ | 0 |  | 0 | x |  |  | $\bigcirc$ | $\bigcirc$ |  |
| Wings. Boneless (no saute) | 0 |  |  | 0 | x |  |  | x | x |  |
| Chorizo |  |  |  |  | $\bigcirc$ |  |  |  |  | 0 |
| Condiments: Honey |  |  |  |  |  |  |  |  |  |  |
| Jams \& dellies, Fruit Flavors |  |  |  |  |  |  |  |  |  |  |
| Ketctup |  |  |  |  |  |  |  |  |  |  |
| Mayomaise, Regular | x |  |  |  | x |  |  |  |  |  |
| Mayomaise, Sun-rieied Tomato | x |  |  |  | x |  |  |  |  |  |
| Msstard |  |  |  |  |  |  |  |  |  |  |
| Crackers, Goldifish ${ }^{\text {e }}$ |  |  |  | x | x |  |  | x | x |  |
| Crackers, Sastine |  |  |  |  | x |  |  | x | x |  |
| Cream Chesese ling |  |  |  | x | x |  |  |  |  |  |
| Creamers: Half f Half |  |  |  | x |  |  |  |  |  |  |
| Sweet tream (for cold brem) |  |  |  | x | x |  | co |  |  |  |
| Vanilla / Hzelnut |  |  |  | x |  |  |  |  |  |  |
| Croutons |  |  |  | x |  |  | $\bigcirc$ | x | x |  |
| Desserts: |  |  |  |  |  |  |  |  |  |  |
| Apple Pie Crisp (no ice cream) | 0 |  |  | x | 0 | 0 | 0 | x | x |  |
| Cheesecake | x |  |  | x | x |  | $\bigcirc$ | x | x |  |
| Coconut Pie |  |  |  | x | x |  | co | x | x |  |
| Cookies C Cram Pie |  |  |  | x | x |  | co | x | x |  |
| Feench SikP Pie |  |  |  | x | x |  |  | x | x |  |
| Lemon Meingue Pie | x |  |  |  | x |  |  | x | x |  |
| Peanut Butter Silk Prie |  |  |  | x | x | x |  | x | x |  |
| Lava Cookie Skililet (no ice cream) | x |  |  | x | x |  |  | x | x |  |
| Dressings: |  |  |  |  |  |  |  |  |  |  |
| Balsmic Viniaigete, Low-Fat |  |  |  |  | x |  |  |  |  |  |
| Bue Chese | x |  |  | x | x |  |  |  |  |  |
| French |  |  |  |  | x |  |  |  |  |  |
| Honey Mustard | x |  |  |  | x |  |  |  |  |  |
| Italian, Fat-fiee |  |  |  |  | x |  |  |  |  |  |
| Ranch | $x$ |  |  | x | x |  |  |  |  |  |
| Thoussand ISand | x |  |  |  | x |  |  |  |  |  |


| ALLERGENS | Ego | Fish | Shellish | MilkJairy | Soybeans | Peanuts | Tree Nuts | Wheat | Guten | Sesame |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Eg, Boiled | x |  |  |  |  |  |  |  |  |  |
| Egg, Whites | x |  |  |  | x |  |  |  |  |  |
| Ego, Whole / Liquid | x |  |  |  | x |  |  |  |  |  |
| Fist: Batteed fish fillets (Polock) | $\bigcirc$ | F |  | x | x |  |  | x | x |  |
| Salmon |  | SM |  | x | x |  |  |  |  | $\bigcirc$ |
| Fryer 0il |  |  |  |  | x |  |  |  |  |  |
| Gravies: |  |  |  |  |  |  |  |  |  |  |
| Country |  |  |  | x | x |  |  | x | x |  |
| Country Sussage |  |  |  | $x$ | x |  |  | x | x |  |
| Ham:Shrved |  |  |  |  | 0 |  |  |  |  | $\bigcirc$ |
| Sliced |  |  |  |  | $\bigcirc$ |  |  |  |  | 0 |
| Ice cream: |  |  |  |  |  |  |  |  |  |  |
| Chocolate / Strawberry / Vailla | $\bigcirc$ |  |  | x | 0 | 0 | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| Lasagna |  |  |  | x |  |  |  | x | x |  |
| Krafte Macaroni \& Chese (kiss) |  |  |  | x |  |  |  | x | x |  |
| Mac 'V Cheese | x |  |  | x | x |  |  | x | x |  |
| Margarine: Liquid |  |  |  |  | x |  |  |  |  |  |
| Whipeed Butter Bend |  |  |  | x | x |  |  |  |  |  |
| Milk: 2\% |  |  |  | x |  |  |  |  |  |  |
| Buttermik |  |  |  | x |  |  |  |  |  |  |
| Chocolate. Redured Fat |  |  |  | x |  |  |  |  |  |  |
| Mourarella Cheese Stichs | $\bigcirc$ |  |  | x | x |  |  | x | x |  |
| Nacho Meat |  |  |  |  |  |  |  |  |  |  |
| Onion Rings | $\bigcirc$ | 0 |  | x | x |  |  | x | x |  |
| Pancake Puppies, Hessser's Chooclate | $\bigcirc$ |  |  | x | x |  |  | x | x |  |
| Pancakes, Buttermilk | x |  |  | x | x |  |  | x | x | $\bigcirc$ |
| Pancales, Hearty 9 -Grain | X |  |  | x | x |  |  | x | x | $\bigcirc$ |
| Pot Roast |  |  |  | x | x |  |  | x | x |  |
| Potatoes: |  |  |  |  |  |  |  |  |  |  |
| Fries, Wavy-Cut | $\bigcirc$ |  |  | , | x |  |  | $\bigcirc$ | 0 |  |
| Fries, Seasoned | - |  |  | - | x |  |  | x | x |  |
| Hash Browns |  |  |  |  | x |  |  |  |  | 0 |
| Red Rustic Masteed Potatoesw |  |  |  | x | x |  |  |  |  |  |
| Rec-Skined | $\bigcirc$ |  |  | $\bigcirc$ | x |  |  | $\checkmark$ | $\bigcirc$ |  |
| Potato Stix | $\bigcirc$ | 0 | $\bigcirc$ | 0 | 0 | 0 | 0 | 0 | $\bigcirc$ | 0 |
| Prime Rib |  |  |  |  | x |  |  |  |  | $\checkmark$ |
| Sauces \& Spreass: |  |  |  |  |  |  |  |  |  |  |
| ${ }^{\text {BBO}}$ |  |  |  |  | x |  |  |  |  |  |
| Savory Herb Sauce |  |  |  |  | x |  |  |  |  |  |
| Buribon Sauce |  |  |  |  | x |  |  | x | x | x |
| Buffila Sauce |  |  |  | x | x |  |  |  |  |  |

